

# Touro University Menu

## Cold Menu

Sandwich special \$6 Includes Lays chips and water

Daily Salads: Garden Salad & California Salad

October 14- October 18, 2019

### Monday

CLOSED FOR HOLIDAY

### Tuesday

CLOSED FOR HOLIDAY

### Wednesday

#### SANDWICHES

- **Thai Chicken Salad Wrap** – chicken breast, shredded carrots, cabbage, and cucumbers tossed in a spicy sesame coconut dressing with crispy wontons wrapped in a flour tortilla
- **Thai Tofu Salad Wrap** – crispy fried tofu, shredded carrots, cabbage, and cucumbers tossed in a spicy sesame coconut dressing with crispy wontons wrapped in a flour tortilla

#### SIGNATURE SALAD

- **Quinoa Salad**– Baby mixed greens, puffed quinoa, cherry tomatoes, cucumbers, shredded carrots, and green beans served with a balsamic vinaigrette

#### SIDE SALAD

- **Poppy seed Coleslaw** – shredded red and green cabbage, parsley, celery, and carrots tossed in a creamy poppy seed dressing



### Thursday

#### SANDWICHES

- **Rueben Melt**– thinly sliced pastrami, sauerkraut, soy cheese, thousand island spread on sliced wheat bread served toasted
- **Portobello Rueben Melt**– garlic roasted Portobello mushroom, sauerkraut, soy cheese, thousand island spread on sliced wheat bread served toasted

#### SIGNATURE SALAD

- **Smoked Salmon Nicoise**– Smoked salmon, spring mix, green beans, potatoes, hard boiled eggs, olives, cherry tomatoes with a lemon dill vinaigrette

#### SIDE SALAD

- **Couscous Tabbouleh**– couscous salad with chopped cucumbers, red onion, and Roma tomatoes tossed in a lemon parsley vinaigrette

### Friday

#### SANDWICHES

- **Turkey Cubano**– turkey breast, turkey bacon, dill pickles, Dijon aioli toasted on ciabatta bread
- **Avocado Cubano**– sliced avocado, tomatoes, dill pickles, Dijon aioli toasted on ciabatta bread

#### SIGNATURE SALAD

- **Chicken Couscous Salad**– Grilled chicken, Israeli couscous, raisins, red, yellow and green bell peppers served on top of mixed greens

#### SIDE SALAD

- **Curry Lentil Salad** – Green lentils, red onions, cilantro, and apples tossed in a mint chutney

#### Hours

Mon through Fri 11:30 - 1:30

Cash, check or credit. ATM available in Lander Hall. All food certified Glatt kosher by Rabbi Aharon Simkin