

Touro University California Menu

Hot special \$6 Soup Sm \$2 Lg \$3

Sandwich Special \$6 Includes Chips and Water
May , 2022

Monday

SOUP

- Chicken Verde – roasted onion garlic chicken tomatillo in chicken broth (GF)
- Roasted black bean soup – black bean tomato garlic cooked in a veggie broth (GF)

ENTRÉE

- Chicken Fajitas- sauteed peppers onion garlic chicken
- Vegetable Fajitas - sauteed peppers onion garlic mix veggie

SIDES

- Sautee Green beans (GF)
- Green & red Rice (GF)

Tuesday

SOUP

- Chicken Verde- roasted onion garlic chicken tomatillo in chicken broth (GF)
- Creamy Roasted Tomato Basil-(GF)

ENTRÉE

- Chipotle Oven Roasted Chicken taco –(GF)
- Chipotle Oven Roasted Vegetable taco –(GF)
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SIDES

- Grilled zucchini –(GF)
- Roasted Chipotle Garlic Potatoes-(GF)

Wednesday

SOUP

- Chicken tortilla soup - sauteed chicken onion garlic peppers-(GF)
- Vegetable tortilla soup- sauteed zucchini squash onion garlic peppers-(GF)

ENTRÉE

- Tex-mex Chicken Pot Pie- roasted chicken with a tex-mex rub topped with pastry
- Tex-mex veggie Pot Pie- roasted mix veggie with a tex-mex rub topped with pastry

SIDES

- Steamed Broccoli-(GF)
- Tex-mex salad with corn black bean, tomato, red onion creamy Chipotle dressing –(GF)

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Thursday

SOUP

- Chicken tortilla soup – sauteed chicken onion garlic peppers –(GF)
- Vegetable tortilla soup sauteed zucchini squash onion garlic peppers-(GF)

ENTRÉE

- Texas steak Chili Burrito- grilled steak onion rice bean
- Texas veggie Chili Burrito- grilled squash peppers onion rice bean

SIDES

- Fresh Corn chips w/guacamole –(GF)
- Beans &Rice-(GF)

*Come see what Tracy, TUC's Baker,
has prepared for you today!*

Friday

SOUP

- Black bean chicken Tortilla soup - garlic tomato lime juice onion chicken –(GF)
- Mango Gazpacho- Mango , garlic tomato lime juice onion –(GF)

ENTRÉE

- Chicken Enchilada-sauteed peppers, onion, chicken –(GF)
- Vegetable Enchilada-sauteed zucchini, onion, peppers –(GF)

SIDES

- Roasted mix veggies -(GF)
- Roasted garlic potato-(GF)

